

# Glazed Old Fashioned Cake Donut

## NUTRITION & INGREDIENTS

### Nutrition Facts

1 per Donut

Serving Size 1 Donut (2.75 oz/78g)

Amount Per Serving

**Calories** **340**

% Daily Value\*

**Total Fat** 16 g **20 %**

Saturated Fat 7.0 g **33 %**

*Trans* Fat 0.0 g

**Cholesterol** 15 g **5 %**

**Sodium** 330 mg **15 %**

**Total Carbohydrates** 46 g **17 %**

Dietary Fiber 1 g **2 %**

Total Sugars 26 g

Includes 25 g Added Sugars **50 %**

**Protein** 3 g

Vitamin D 0.07 mcg **0 %**

Calcium 18 mg **2 %**

Iron 1.2 mg **6 %**

Potassium 59 mg **2 %**

**Grain Oz. Equivalent** **1.5**

**Grams of whole grain** **0 g**

**Percent of whole grain** **0 %**

**Grand Total Grains** **24.78 g**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### Ingredients:

Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Soybean Oil And Hydrogenated Soybean Oil, Yellow Corn Flour, Defatted Soy Flour, Beta-Carotene (Color), Egg, Leavening (Baking Soda, Sodium Acid Pyrophosphate), Mono-And Diglycerides, Natural And Artificial Flavor, Preservative (Sodium Propionate), Salt, Sour Cream Solids (Cultured Sour Cream, Maltodextrin, Cultured Buttermilk, Cultured Nonfat Milk, Whey, Lactic Acid), Soy Lecithin, Wheat Starch, Whey. Topping Powdered Sugar, Water, Sugar, Stabilizer (Sugar, Glycerin, Corn Syrup Solids, Water, Food Starch-Modified, Agar, Salt, Egg, Sodium Propionate [Preservative], Calcium Carbonate, Calcium Lactate, Mono - And Diglycerides, Sodium Carboxymethylcellulose), Glucose Syrup, Maltodextrin, Food Starch-Modified, Salt, Canola Oil, Natural And Artificial Flavors, Propylene Glycol. Contains: Wheat, Egg, Soy And Milk.

# Glazed Blueberry Cake Donut

## NUTRITION & INGREDIENTS

### Nutrition Facts

1 per Donut

**Serving Size 1 Donut (2.75 oz/78g)**

Amount Per Serving

**Calories 320**

% Daily Value\*

**Total Fat 14 g 17 %**

Saturated Fat 5.0 g 27 %

Trans Fat 0.0 g

**Cholesterol 15 g 6 %**

**Sodium 420 mg 18 %**

**Total Carbohydrates 46 g 17 %**

Dietary Fiber 1 g 3 %

Total Sugars 24 g

Includes 23 g Added Sugars 46 %

**Protein 4 g**

Vitamin D 0.06 mcg 0 %

Calcium 22 mg 2 %

Iron 1.4 mg 8 %

Potassium 82 mg 2 %

**Grain Oz. Equivalent 1.25**

**Grams of whole grain 4.35 g**

**Percent of whole grain 53.45 %**

**Grand Total Grains 22.15 g**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients:

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil And Hydrogenated Soybean Oil, Sugar, Whole Wheat Flour, Contains Less Than 2% Of: Egg, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Glucono Delta-Lactone), Nonfat Milk, Defatted Soy Flour, Blue 1, Blueberry Solids (Blueberry, Maltodextrin, Cornstarch, Sugar, Sunflower Lecithin, Natural Flavor), Canola Oil, Cellulose Gum, Citric Acid, Dextrose, Food Starch-Modified, Natural And Artificial Flavor, Red 40, Salt, Soy Lecithin, Wheat Starch, Enzymes, Guar Gum, Mono – And Diglycerides, Propylene Glycol Mono – And Diesters Of Fatty Acids, Sodium Stearoyl Lactylate, Whey. Glaze Powdered Sugar, Water, Sugar, Stabilizer (Sugar, Glycerin, Corn Syrup Solids, Water, Food Starch-Modified, Agar, Salt, Egg, Sodium Propionate [Preservative], Calcium Lactate, Calcium Carbonate, Mono – And Diglycerides, Sodium Carboxymethyl Cellulose), Glucose Syrup, Maltodextrin, Contains Less Than 2% Of: Salt, Canola Oil, Natural And Artificial Flavor, Food Starch-Modified, Propylene Glycol. Contains: Wheat, Egg, Soy, Milk.

# White Iced Raspberry Filled Donut

## NUTRITION & INGREDIENTS

### Nutrition Facts

1 per Donut

Serving Size 1 Donut (3.25 oz/92g)

Amount Per Serving

**Calories** **340**

% Daily Value\*

<b>Total Fat</b> 17 g	<b>22 %</b>
Saturated Fat 9.0 g	<b>46 %</b>
<i>Trans</i> Fat 0.0 g	
<b>Cholesterol</b> 0 g	<b>0 %</b>
<b>Sodium</b> 330 mg	<b>14 %</b>
<b>Total Carbohydrates</b> 43 g	<b>16 %</b>
Dietary Fiber 1 g	<b>5 %</b>
Total Sugars 21 g	
Includes 19 g Added Sugars	<b>39 %</b>
<b>Protein</b> 4 g	
Vitamin D 0.03 mcg	0 %
Calcium 17 mg	2 %
Iron 1.4 mg	8 %
Potassium 77 mg	2 %
<b>Grain Oz. Equivalent</b>	<b>1.5</b>
<b>Grams of whole grain</b>	<b>0 g</b>
<b>Percent of whole grain</b>	<b>0 %</b>
<b>Grand Total Grains</b>	<b>27.86 g</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients:

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil And Hydrogenated Soybean Oil, Yeast, Dextrose, Salt, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Beta Carotene (Color), Caramel Color, Defatted Soy Flour, Eggs, Enzymes, Guar Gum, Mono – And Diglycerides, Natural And Artificial Flavor, Sodium Stearoyl Lactylate, Whey. Toppings: Sugar, Vegetable Oil (Palm Kernel Oil And Hydrogenated Palm Kernel Oil), Whey, Milk Solids, Nonfat Dry Milk, Soy Lecithin, Salt, Natural And Artificial Flavor, Titanium Dioxide, Sunflower Lecithin, Corn Starch, Palm Oil, Dextrin, Confectioner's Glaze, Red 40 Lake, Carnauba Wax, Yellow 6 Lake, Blue 1 Lake, Yellow 5 Lake, Red 3, Blue 1, Red 40. Filling: Water, High Fructose Corn Syrup, Sugar, Food Starch-Modified, Apple Juice, Dextrose, Raspberries, Agar-Agar, Artificial Flavor, Carrageenan, Citric Acid, Ethyl Maltol, Preservatives (Potassium Sorbate, Sodium Benzoate), Red 40. Contains: Wheat, Egg, Milk And Soy.

# Chocolate Iced Ring Donut

## NUTRITION & INGREDIENTS

### Nutrition Facts

1 per Donut

**Serving Size** 1 Donut (2.5oz/71g)

**Amount Per Serving**

**Calories** **290**

	<b>% Daily Value*</b>
<b>Total Fat</b> 16 g	<b>21 %</b>
Saturated Fat 9.0 g	<b>45 %</b>
<i>Trans Fat</i> 0.0 g	
<b>Cholesterol</b> 0 g	<b>0 %</b>
<b>Sodium</b> 320 mg	<b>14 %</b>
<b>Total Carbohydrates</b> 31 g	<b>11 %</b>
Dietary Fiber 2 g	<b>6 %</b>
Total Sugars 10 g	
Includes 10 g Added Sugars	<b>20 %</b>
<b>Protein</b> 4 g	
<b>Vitamin D</b> 0.00 mcg	<b>0 %</b>
<b>Calcium</b> 11 mg	<b>0 %</b>
<b>Iron</b> 1.9 mg	<b>10 %</b>
<b>Potassium</b> 103 mg	<b>2 %</b>
<b>Grain Oz. Equivalent</b>	<b>1.5</b>
<b>Grams of whole grain</b>	<b>0 g</b>
<b>Percent of whole grain</b>	<b>0 %</b>
<b>Grand Total Grains</b>	<b>27.86 g</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients:

Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil And Hydrogenated Soybean Oil, Contains Less Than 2% Of The Following: Yeast, Salt, Dextrose, Salt, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Beta Carotene (Color), Caramel Color, Defatted Soy Flour, Eggs, Enzymes, Guar Gum, Mono – And Diglycerides, Natural And Artificial Flavor, Sodium Stearoyl Lactylate, Whey. Icing: Sugar, Vegetable Oil (Palm Kernel Oil, Hydrogenated Palm Kernel Oil), Cocoa Powder (Processed With Alkali), Soy Lecithin (Emulsifier), Whey, Salt. Contains: Wheat, Soy, Milk And Egg.

# Chocolate Iced Cream Filled Long John

## NUTRITION & INGREDIENTS

### Nutrition Facts

1 per Donut

**Serving Size** 1 Donut (3.7 oz/105g)

**Amount Per Serving**

**Calories** **390**

**% Daily Value\***

**Total Fat** 19 g **25 %**

Saturated Fat 11.0 g **57 %**

*Trans Fat* 0.0 g

**Cholesterol** 0 g **0 %**

**Sodium** 400 mg **18 %**

**Total Carbohydrates** 48 g **18 %**

Dietary Fiber 2 g **7 %**

Total Sugars 20 g

Includes 18 g Added Sugars **37 %**

**Protein** 6 g

Vitamin D 0.00 mcg 0 %

Calcium 15 mg 2 %

Iron 2.4 mg 15 %

Potassium 138 mg 2 %

**Grain Oz. Equivalent** **2**

**Grams of whole grain** **0 g**

**Percent of whole grain** **0 %**

**Grand Total Grains** **33.84 g**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients:

Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil And Hydrogenated Soybean Oil, Yeast, Dextrose, Salt, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Beta-Carotene (Color), Caramel Color, Defatted Soy Flour, Egg, Enzymes, Guar Gum, Mono-And- Diglycerides, Natural And Artificial Flavor, Sodium Stearoyl Lactylate, Whey. Bavarian Crème Filling: Water, Sugar, Salt, Modified Tapioca Starch, Dextrose, Titanium Dioxide (Color), Carrageenan, Glucono Delta Lactone, Preservatives (Potassium Sorbate, Sodium Benzoate), Artificial Flavor, Corn Starch, Yellow 5, Yellow 6, Contains Less Than 2% Of: Natural And Artificial Flavor, Canola Oil, Potassium Sorbate (Preservative). Chocolate Icing: Sugar, Vegetable Oil (Palm Kernel Oil And Hydrogenated Palm Kernel Oil), Cocoa Powder (Processed With Alkali), Soy Lecithin (Emulsifier), Whey Powder, Salt. Sprinkles: Sugar, Corn Starch, Vegetable Oil (Palm, Palm Kernel), Dextrin, Soy Lecithin, Confectioner's Glaze, Natural And Artificial Flavor, Red 40 Lake, Carnauba Wax, Yellow 6 Lake, Blue 1 Lake, Yellow 5 Lake, Red 3, Blue 1, Red 40. Contains: Wheat, Soy, Milk And Egg.

# Glazed Twist

## NUTRITION & INGREDIENTS

# Nutrition Facts

1 per Donut

**Serving Size** 1 Donut (3.1 oz/88g)

**Amount Per Serving**

**Calories** **310**

**% Daily Value\***

**Total Fat** 13 g **16 %**

Saturated Fat 5.0 g **27 %**

*Trans* Fat 0.0 g

**Cholesterol** 0 g **0 %**

**Sodium** 440 mg **19 %**

**Total Carbohydrates** 44 g **16 %**

Dietary Fiber 2 g **7 %**

Total Sugars 18 g

Includes 17 g Added Sugars **35 %**

**Protein** 5 g

Vitamin D 0.01 mcg 0 %

Calcium 16 mg 2 %

Iron 1.7 mg 10 %

Potassium 82 mg 2 %

**Grain Oz. Equivalent** **2**

**Grams of whole grain** **0 g**

**Percent of whole grain** **0 %**

**Grand Total Grains** **34.55 g**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients:

Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil And Hydrogenated Soybean Oil, Yeast, Contains Less Than 2% Of The Following: Dextrose, Salt, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Beta Carotene (Color), Caramel Color, Defatted Soy Flour, Egg, Enzymes, Guar Gum, Mono – And Diglycerides, Natural And Artificial Flavor, Sodium Stearoyl Lactylate, Whey, Sugar, Cinnamon. Glaze Powdered Sugar, Water, Sugar, Glucose Syrup, Palm Oil, Contains Less Than 2% Of: Glycerin, Corn Syrup Solids, Food Starch-Modified, Agar, Salt, Egg, Sodium Propionate (Preservative), Propylene Glycol, Natural And Artificial Flavors. Contains: Wheat, Egg, Soy, And Milk.

# Chocolate Iced Filled Ring Donut

## NUTRITION & INGREDIENTS

### Nutrition Facts

1 per Donut

Serving Size 1 Donut (3.25 oz/92g)

Amount Per Serving

**Calories** **320**

	% Daily Value*
<b>Total Fat</b> 17 g	<b>22 %</b>
Saturated Fat 9.0 g	<b>47 %</b>
<i>Trans</i> Fat 0.0 g	
<b>Cholesterol</b> 0 g	<b>0 %</b>
<b>Sodium</b> 350 mg	<b>15 %</b>
<b>Total Carbohydrates</b> 37 g	<b>14 %</b>
Dietary Fiber 2 g	<b>6 %</b>
Total Sugars 15 g	
Includes 14 g Added Sugars	<b>28 %</b>
<b>Protein</b> 4 g	
Vitamin D 0.01 mcg	0 %
Calcium 12 mg	0 %
Iron 2.0 mg	10 %
Potassium 215 mg	4 %
<b>Grain Oz. Equivalent</b>	<b>1.5</b>
<b>Grams of whole grain</b>	<b>0 g</b>
<b>Percent of whole grain</b>	<b>0 %</b>
<b>Grand Total Grains</b>	<b>27.86 g</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### Ingredients:

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil And Hydrogenated Soybean Oil, Yeast, Dextrose, Salt, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Beta Carotene (Color), Caramel Color, Defatted Soy Flour, Eggs, Enzymes, Guar Gum, Mono – And Diglycerides, Natural And Artificial Flavor, Sodium Stearoyl Lactylate, Whey. Toppings: Sugar, Vegetable Oil (Palm Kernel Oil And Hydrogenated Palm Kernel Oil), Cocoa (Processed With Alkali), Soy Lecithin (Emulsifier), Whey, Salt, Corn Starch, Palm Oil, Dextrin, Confectioner’s Glaze, Natural And Artificial Flavor, Carnauba Wax. Fillings: Water, Sugar, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Vanilla, Unsweetened Chocolate, Mono- And Diglycerides, Modified Tapioca Starch, Dextrose, Salt, Titanium Dioxide (Color), Carrageenan, Glucono Delta Lactone, Preservatives (Potassium Sorbate, Sodium Benzoate), Natural And Artificial Flavors, Corn Starch, Yellow 5 And 6, Shortening (Palm Oil, Mono-And Diglycerides, Polysorbate 60), Soybean Oil, Chocolate Liquor, Soy Lecithin (Emulsifier), Canola Oil, Propylene Glycol. Contains: Wheat, Milk, Soy And Egg.

# Glazed Ring Donut

## NUTRITION & INGREDIENTS

# Nutrition Facts

1 per Donut

**Serving Size** 1 Donut (2.7 oz/77g)

**Amount Per Serving**

**Calories** **290**

**% Daily Value\***

**Total Fat** 12 g **16 %**

Saturated Fat 5.0 g **25 %**

*Trans Fat* 0.0 g

**Cholesterol** 0 g **0 %**

**Sodium** 330 mg **14 %**

**Total Carbohydrates** 39 g **14 %**

Dietary Fiber 1 g **5 %**

Total Sugars 18 g

Includes 18 g Added Sugars **35 %**

**Protein** 4 g

Vitamin D 0.00 mcg **0 %**

Calcium 10 mg **0 %**

Iron 1.4 mg **8 %**

Potassium 57 mg **2 %**

**Grain Oz. Equivalent** **1.5**

**Grams of whole grain** **0 g**

**Percent of whole grain** **0 %**

**Grand Total Grains** **27.86 g**

### Ingredients:

Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil And Hydrogenated Soybean Oil, Contains Less Than 2% Of: Yeast, Dextrose, Salt, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Beta Carotene (Color), Caramel Color, Defatted Soy Flour, Eggs, Enzymes, Guar Gum, Mono - And Diglycerides, Natural And Artificial Flavor, Sodium Stearoyl Lactylate, Whey. Glaze Powdered Sugar, Water, Sugar, Glucose Syrup, Palm Oil, Contains Less Than 2% Of: Glycerin, Corn Syrup Solids, Food Starch-Modified, Agar, Salt, Egg, Sodium Propionate (Preservative), Propylene Glycol, Natural And Artificial Flavors. Contains: Wheat, Egg, Soy, And Milk.

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



# White Iced Strawberry Filled Donut

## NUTRITION & INGREDIENTS

### Nutrition Facts

1 per Donut

Serving Size 1 Donut (3.25 oz/ 92g)

Amount Per Serving

**Calories** **340**

% Daily Value\*

**Total Fat** 18 g **23 %**

Saturated Fat 10.0 g **49 %**

*Trans* Fat 0.0 g

**Cholesterol** 0 g **0 %**

**Sodium** 360 mg **16 %**

**Total Carbohydrates** 41 g **15 %**

Dietary Fiber 1 g **5 %**

Total Sugars 19 g

Includes 17 g Added Sugars **34 %**

**Protein** 4 g

Vitamin D 0.03 mcg **0 %**

Calcium 18 mg **2 %**

Iron 1.4 mg **8 %**

Potassium 76 mg **2 %**

**Grain Oz. Equivalent** **1.5**

**Grams of whole grain** **0 g**

**Percent of whole grain** **0 %**

**Grand Total Grains** **27.86 g**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients:

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil And Hydrogenated Soybean Oil, Yeast, Salt, Dextrose, Salt, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Beta Carotene (Color), Caramel Color, Defatted Soy Flour, Eggs, Enzymes, Guar Gum, Mono – And Diglycerides, Natural And Artificial Flavor, Sodium Stearoyl Lactylate, Whey. Cream Cheese Filling: Water, Cream Cheese (Pasteurized Cultured Milk And Cream, Salt, Carob Bean Gum, Cheese Culture), Corn Syrup, Food Starch-Modified, Palm Oil, Citric Acid, Glucono Delta-Lactone, Lactic Acid, Molasses, Natural And Artificial Flavor, Polysorbate 60, Preservatives (Potassium Sorbate, Sodium Benzoate), Salt, Titanium Dioxide (Color), Yellow 5 And 6. Strawberry Filling: Water, High Fructose Corn Syrup, Sugar, Food Starch Modified, Apple Juice, Strawberries, Dextrose, Agar-Agar, Blue 1, Carrageenan, Citric Acid, Natural Flavor, Preservatives (Potassium Sorbate, Sodium Benzoate), Red 40. Toppings: Sugar, Vegetable Oil (Palm, Palm Kernel And Hydrogenated Palm Kernel Oil), Whey, Milk Solids, Nonfat Dry Milk, Soy Lecithin (Emulsifier), Salt, Canola Oil, Titanium Dioxide, Sunflower Lecithin, Corn Starch, Red 40 Lake, Dextrin, Confectioner's Glaze, Yellow 6 Lake, Natural And Artificial Flavor, Carnauba Wax. Contains: Wheat, Milk, Soy, Egg.

# Maple Iced Long John

## NUTRITION & INGREDIENTS

### Nutrition Facts

1 per Donut

**Serving Size** 1 Donut (2.9oz/82g)

**Amount Per Serving**

**Calories** **350**

	<b>% Daily Value*</b>
<b>Total Fat</b> 18 g	<b>23 %</b>
Saturated Fat 10.0 g	<b>49 %</b>
<i>Trans</i> Fat 0.0 g	
<b>Cholesterol</b> 0 g	<b>0 %</b>
<b>Sodium</b> 370 mg	<b>16 %</b>
<b>Total Carbohydrates</b> 40 g	<b>14 %</b>
Dietary Fiber 1 g	<b>5 %</b>
Total Sugars 14 g	
Includes 12 g Added Sugars	<b>25 %</b>
<b>Protein</b> 5 g	
<b>Vitamin D</b> 0.04 mcg	<b>0 %</b>
<b>Calcium</b> 20 mg	<b>2 %</b>
<b>Iron</b> 1.8 mg	<b>10 %</b>
<b>Potassium</b> 81 mg	<b>2 %</b>
<b>Grain Oz. Equivalent</b>	<b>2</b>
<b>Grams of whole grain</b>	<b>0 g</b>
<b>Percent of whole grain</b>	<b>0 %</b>
<b>Grand Total Grains</b>	<b>33.84 g</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### Ingredients:

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil And Hydrogenated Soybean Oil, Yeast, Dextrose, Salt, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Beta Carotene (Color), Caramel Color, Defatted Soy Flour, Egg, Enzymes, Guar Gum, Mono – And Diglycerides, Natural And Artificial Flavor, Sodium Stearoyl Lactylate, Whey. Topping: Sugar, Vegetable Oil (Palm Kernel Oil, Hydrogenated Palm Kernel Oil), Whey, Milk Solids, Nonfat Dry Milk, Soy Lecithin (Emulsifier), Salt, Artificial Flavor, Sunflower Lecithin, Organic Sunflower Oil, Yellow 5 Lake, Red 40 Lake, Yellow 6 Lake, Blue 1 Lake, Vitamin E (D-Alpha Tocopherol). Contains Wheat, Milk, Soy And Egg.

# Glazed Devil's Food Cake Donut

## NUTRITION & INGREDIENTS

### Nutrition Facts

1 per Donut

**Serving Size** 1 Donut (2.75oz/78g)

**Amount Per Serving**

**Calories** **320**

	<b>% Daily Value*</b>
<b>Total Fat</b> 14 g	<b>18 %</b>
Saturated Fat 6.0 g	<b>28 %</b>
<i>Trans</i> Fat 0.0 g	
<b>Cholesterol</b> 15 g	<b>5 %</b>
<b>Sodium</b> 340 mg	<b>15 %</b>
<b>Total Carbohydrates</b> 44 g	<b>16 %</b>
Dietary Fiber 1 g	<b>5 %</b>
Total Sugars 22 g	
Includes 22 g Added Sugars	<b>43 %</b>
<b>Protein</b> 4 g	
<b>Vitamin D</b> 0.02 mcg	<b>0 %</b>
<b>Calcium</b> 37 mg	<b>2 %</b>
<b>Iron</b> 2.2 mg	<b>10 %</b>
<b>Potassium</b> 151 mg	<b>4 %</b>
<b>Grain Oz. Equivalent</b>	
<b>Grams of whole grain</b>	<b>0 g</b>
<b>Percent of whole grain</b>	<b>0 %</b>
<b>Grand Total Grains</b>	<b>g</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients:

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil And Hydrogenated Soybean Oil, Sugar, Cocoa Processed With Alkali, Contains Less Than 2% Of The Following: Defatted Soy Flour, Caramel Color, Egg, Enzymes, Guar Gum, Leavening (Baking Soda, Glucono Delta Lactone, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate), Mono - And Diglycerides, Natural And Artificial Flavor, Nonfat Milk, Preservative (Sodium Propionate), Propylene Glycol Mono - And Diesters Of Fatty Acids, Salt, Semisweet Chocolate (Sugar, Unsweetened Chocolate, Dextrose), Sodium Stearoyl Lactylate, Soy Lecithin, Sulfites. Glaze Powdered Sugar, Water, Sugar, Stabilizer (Sugar, Glycerin, Corn Syrup Solids, Water, Food Starch-Modified, Agar, Salt, Egg, Sodium Propionate [Preservative], Calcium Lactate, Calcium Carbonate, Mono - And Diglycerides, Sodium Carboxymethyl Cellulose), Glucose Syrup, Maltodextrin, Contains Less Than 2% Of: Salt, Canola Oil, Natural And Artificial Flavors, Food Starch-Modified, Propylene Glycol. Contains: Wheat, Egg, Soy, Milk.

# Glazed Cake Donut

## NUTRITION & INGREDIENTS

### Nutrition Facts

1 per Donut

Serving Size 1 Donut (2.75oz/78g)

Amount Per Serving

**Calories** **320**

	% Daily Value*
<b>Total Fat</b> 14 g	<b>18 %</b>
Saturated Fat 6.0 g	<b>28 %</b>
<i>Trans Fat</i> 0.0 g	
<b>Cholesterol</b> 25 g	<b>8 %</b>
<b>Sodium</b> 350 mg	<b>15 %</b>
<b>Total Carbohydrates</b> 45 g	<b>16 %</b>
Dietary Fiber 1 g	<b>4 %</b>
Total Sugars 23 g	
Includes 22 g Added Sugars	<b>43 %</b>
<b>Protein</b> 4 g	
<b>Vitamin D</b> 0.16 mcg	<b>0 %</b>
<b>Calcium</b> 28 mg	<b>2 %</b>
<b>Iron</b> 1.4 mg	<b>8 %</b>
<b>Potassium</b> 83 mg	<b>2 %</b>
<b>Grain Oz. Equivalent</b>	<b>1.5</b>
<b>Grams of whole grain</b>	<b>0 g</b>
<b>Percent of whole grain</b>	<b>0 %</b>
<b>Grand Total Grains</b>	<b>25.07 g</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### Ingredients:

Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil And Hydrogenated Soybean Oil, Sugar, Soy Flour, Egg, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Sodium Aluminum Phosphate), Contains 2% Or Less Of: Beta-Carotene (Color), Cellulose Gum, Dextrose, Food Starch -Modified, Natural Flavor, Nonfat Milk, Salt, Soy Lecithin, Spice, Wheat Starch, Whey. Glaze Powdered Sugar, Water, Sugar, Stabilizer (Sugar, Glycerine, Corn Syrup Solids, Water, Food Starch-Modified, Agar, Salt, Egg, Sodium Propionate [Preservative], Calcium Lactate, Calcium Carbonate, Mono – And Diglycerides, Sodium Carboxymethyl Cellulose), Glucose Syrup, Maltodextrine, Contains Less Than 2% Of: Salt, Canola Oil, Natural And Artificial Flavor, Food Starch-Modified, Propylene Glycol. Contains: Wheat, Egg, Soy, Milk.