

HP Outstate Fresh Muffin – Lemon Poppyseed (5/2018)

Nutrition Facts	
Serving Size ONE MUFFIN (156g)	
Amount Per Serving	
Calories	560
% Daily Value *	
Total Fat 28g	430/o
Saturated Fat 6g	300/o
<i>Trans</i> Fat 0g	
Cholesterol 110mg	370/o
Sodium 490mg	200/o
Total Carbohydrate 68g	230/o
Dietary Fiber 1g	40/o
Total Sugars 36g	
Protein 5g	
Vitamin D 0mg	0%
Calcium 80mg	8%
Iron 2mg	11%
Potassium 50mg	1%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: FLOUR BLEND (BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, MODIFIED FOOD STARCH (CORN), VEGETABLE SHORTENING (PALM OIL, SOYBEAN OIL, PROPYLENE GLYCOL MONO-AND DIESTERS OF FATS AND FATTY ACIDS, MONO-AND DIGLYCERIDES, SOY LECITHIN), SOYBEAN OIL, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: NONFAT DRY MILK, SALT, SODIUM BICARBONATE, MONO-AND DIGLYCERIDES, SODIUM ACID PYROPHOSPHATE, ARTIFICIAL FLAVOR, ACIDIC SODIUM ALUMINUM PHOSPHATE ALUMINUM SULFATE, MONOCALCIUM PHOSPHATE, EGG WHITES), WHOLE EGG, WATER, SOYBEAN OIL (SOYBEAN OIL, HYDROGENATED SOYBEAN OIL WITH TBHQ AND CITRIC ACID ADDED AS PRESERVATIVES AND DIMETHYLPOLYSILOXANE ADDED AS AN ANTI-FOAMING AGENT), CONTAINS 2% OR LESS OF THE FOLLOWING: POPPY SEEDS, LEMON EMULSION (WATER, PROPYLENE GLYCOL, ARTIFICIAL FLAVORS, XANTHAN GUM, CITRIC ACID AND SODIUM BENZOATE), YELLOW FOOD COLORING (WATER, HIGH FRUCTOSE CORN SYRUP, GLYCERINE, FD&C YELLOW 5(E102), SUGAR, MODIFIED FOOD STARCH, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), VEGETABLE GUMS AND CITRIC ACID.)
CONTAINS: WHEAT, EGG, MILK, SOY, MADE IN A FACILITY THAT USES NUTS

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