

# Blueberry Fritter

45801

2/6/2019

<b>Nutrition</b>		Amount/Serving	% DV*	Amount/Serving	% DV*
<b>Facts</b>		<b>Total Fat</b> 15g	23%	<b>Total Carb.</b> 56g	19%
Serv. Size 1 Fritter (113g)		Sat Fat 5g	25%	Fiber 1g	4%
Serv. Per Cont. About 1		Trans Fat 0g		Sugars 24g	
<b>Calories</b> 380		<b>Cholesterol</b> 0mg	0%	<b>Protein</b> 5g	10%
Calories from Fat 140		<b>Sodium</b> 390mg	16%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 2%	Vitamin C 0%	Calcium 15%	Iron 6%

INGREDIENTS: Yeast Raised Donut Base (Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Dextrose, Soybean Oil, Salt, Defatted Soy Flour, Dried Whey, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate], 2% or less of Mono- & Diglycerides, Soy Fiber, Sodium Stearoyl Lactylate, Diacetyl Tartaric Acid Esters of Mono- & Diglycerides, Nonfat Dry Milk, Enzyme [Maltodextrin, Mineral Oil, Enzyme, Potato Starch], Turmeric Oleoresin [color], Annatto Extract [color], Guar Gum, Ascorbic Acid, Dried Egg Whites), Water, Patent Flour (Enriched Wheat Flour, [Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Malted Barley Flour), Blueberry Flavorettes (Sugar, Corn Syrup, Corn Cereal, Corn Starch, Palm Oil, Artificial Flavor, Blue 1 Lake, Red 3, Yellow 6), Blueberry Fruit Bits (Water, High Fructose Corn Syrup, Evaporated Apples [Contains Sulfites] Corn Syrup, Blueberries, Modified Food Starch, Citric Acid, Sodium Benzoate, Potassium Sorbate [preservatives] Red 40, Blue 1, Natural & Artificial Flavor), Pastry Flour (Unbleached Enriched Wheat Flour [Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid]), Yeast, Soybean Oil, Lemon Emulsion (Water, Natural Flavors, Xanthan Gum, Citric Acid, Sodium Benzoate, BHA, Yellow 5), Modified Food Starch, Natural Blueberry Flavor, Sugar, Cinnamon, Glaze (Fondant Sugar [Sucrose, Corn Starch], Sugar, Water, Glaze Mix [Sugar, Maltodextrin], High Fructose Corn Syrup [Fructose, Dextrose, Maltose, Higher Saccharides], Icing Powder [Calcium Carbonate, Sugar, Calcium Sulfate, Dextrose, Agar, Locust Bean Gum, Sodium Hexametaphosphate], Fat Flakes [Palm Oil with Soy Lecithin], Butter & Vanilla Flavor [Ethyl Alcohol, Water, Natural Flavors], Vanilla Flavor [Water, Propylene Glycol, Alcohol, Artificial Flavors, Citric Acid], Salt [Salt, Yellow Prussiate of Soda {prevents caking}], Shortening (Interesterified High Oleic Soybean Oil, Soybean Oil). CONTAINS: WHEAT, SOY, MILK, EGGS