

Rich's Homestyle Cinnamon Roll (3/6/17)

Nutrition Facts	
Serving Size 1 roll (156g/5.5oz)	
Amount Per Serving	
Calories 520	Calories from Fat 110
% Daily Value*	
Total Fat 13g	19%
Saturated Fat 6g	32%
Trans Fat 0g	
Cholesterol 25mg	9%
Sodium 450mg	19%
Total Carbohydrate 90g	30%
Dietary Fiber 4g	17%
Sugars 47g	
Protein 9g	
Vitamin A 4%	• Vitamin C 0%
Calcium 8%	• Iron 15%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Saturated Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), SUGAR, SKIM MILK, BUTTERMILK, YEAST, HIGH FRUCTOSE CORN SYRUP, EGGS, PALM OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: PASTEURIZED PART SKIM MILK, WATER, CORN SYRUP, CINNAMON, SOYBEAN OIL, HYDROGENATED SOYBEAN OIL, VEGETABLE SHORTENING (CANOLA OIL, HYDROGENATED COTTONSEED OIL), LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE), CITRUS FIBER, SALT, MONO AND DIGLYCERIDES, HYDROGENATED PALM KERNEL OIL, GUM ARABIC, CHEESE CULTURE, GUAR GUM, MODIFIED CORN STARCH, DATEM, NATURAL AND ARTIFICIAL FLAVOR, CARBOHYDRATE GUM, COLORED WITH (CARAMEL COLOR, TITANIUM DIOXIDE, BETA CAROTENE), ENZYME, MALTED BARLEY FLOUR, DEXTROSE, ACETYLATED MONOGLYCERIDES, CELLULOSE GUM, AGAR, TO PRESERVE FRESHNESS (POTASSIUM SORBATE), ASCORBIC ACID, ARTIFICIAL COLOR (YELLOW 5 LAKE), CITRIC ACID, SOY LECITHIN (AN EMULSIFIER).

CONTAINS: WHEAT, MILK, EGGS, SOY