

Flatbread w/Turkey Sausage, Veggie Egg & Cheese (7/2017)

Nutrition Facts	
Serving Size 1 sandwich (116g/4.1oz)	
Amount Per Serving	
Calories 260	Calories from Fat 120
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 110mg	36%
Sodium 690mg	29%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 13g	
Vitamin A 4%	• Vitamin C 4%
Calcium 20%	• Iron 10%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Saturated Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Flatbread: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Potato Flour, Raw Sugar, Canola Oil, Yeast, Cultured Wheat Starch, Sea Salt, Wheat Gluten, Contains less than 2%: Cultured Sugar, Vinegar, Monoglycerides, Propionic Acid, Phosphoric Acid, Sodium Bicarbonate, Sodium Acid Pyrophosphate, Calcium Sulfate, Ascorbic Acid, Enzymes. **Turkey Sausage Patty:** Turkey, Mechanically Separated Turkey, Water, Contains 2% or Less of Citric Acid, Dextrose, Natural Flavoring, Salt, Spices, Sugar. **Egg Patty with Onions and Red & Green Peppers:** Whole Eggs, Red Peppers, Green Peppers, Onions, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Xanthan Gum, White Pepper, Citric Acid. **Pasteurized Process White Cheddar Cheese:** Cultured milk, water, cream, sodium Phosphates, salt, sorbic acid (preservative), enzymes. **Contains: EGGS, MILK, WHEAT, SOY**

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