

Chicken Salad Wedge on Wheat (12/2017)

Nutrition Facts	
Serving Size 1 sandwich (162g/5.7oz)	
Amount Per Serving	
Calories 430	Calories from Fat 180
% Daily Value*	
Total Fat 20g	31%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 65mg	21%
Sodium 890mg	37%
Total Carbohydrate 42g	14%
Dietary Fiber 0g	0%
Sugars 9g	
Protein 22g	
Vitamin A 0%	• Vitamin C 0%
Calcium 6%	• Iron 15%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Saturated Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Chicken Salad Spread: Chicken (all white meat), Dressing (soybean oil, water, high fructose corn syrup, distilled vinegar, modified corn starch, egg yolks, corn syrup, salt, spice, dehydrated onion, calcium disodium EDTA [to protect flavor], natural flavors), Celery, Onions, Garlic Salt, Modified Corn Starch, Sodium Benzoate, Sodium Acetate, Sodium Diacetate (to maintain freshness). **Wheat Bread:** Enriched Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Molasses, Soybean Oil, Contains 2% or less of: Vital Wheat Gluten, Sugar, Salt, Egg, Active Dry Yeast, Wheat Starch, Calcium Sulfate, Enzymes, Monoglycerides, Ascorbic Acid.

CONTAINS: WHEAT, MILK, SOY, EGGS